
Who am I and why I am writing to you?

My name is Duygu Arican student at the school of Education in University College of Dublin (UCD) and I am studying in MSc. Education, Child and Youth. I am writing to you to invite you to participate in my study.

What is my study about?

The title of my study is 'Exploring perceived social support and its impact on parents/caregivers' resilience with a child/young person with Autism.

What is my main objective of my study?

I will investigate the extent to which parents' perceived social support systems are associated with their resilience when raising child/young person with Autism. This study designed to determine factors that may enhance the well-being of parents/careers of Autistic child/young person.

What does the study involve?

As a parent of a child/young person on the autism, I will ask you to answer questions, which are from tests, which measure perceived social support and resilience. Below are the tests and some example of multiple choice answers questions. To answer the questions, you will indicate your level of agreement with the statement.

- 1) Multidimensional Scale of Perceived Social Support MSPSS

Ex: There is special person who is around when I am in need

- 2) The Resilience Scale for Adults

Ex: When something unforeseen happens: always find solution

I will ask you if you will fill out a short survey about your resilience experiences, especially during the process of raising your child/young person.

What will happen to the information?

I will write a master thesis which will be kept in the library in UCD. I also intend to publish my findings in journals. At no time will your personal information appear in any subsequent writing or reporting.

The information that I collect will be stored in the School of Education in UCD for 5 years after my research has been completed.

What if I decide that I do not want to take part any more?

You may withdraw from the study and/or withdraw the data from the research at any stage without prejudice. There will be absolutely no negative consequences in any of these events.

Will anybody else have access to the information?

No, no-one outside my research supervisor, Dr. Jennifer Duffy and Dr. Kate Carr-Fanning may see the data I collect. Your privacy will be protected at all times.

Can I see the questions on the questionnaire?

Yes absolutely. You can see the questionnaire before you decide whether to participate or not. Please keep the information form in case you feel stressed while answering the questions.

Benefits

This study aims to provide insights into factors that contribute to parents/careers resilience when parenting a child / young person with Autism. It is possible, but not guaranteed, that the information

could inform better supports for parents/careers and shed light on our understanding of how different groups of people live well, in this case parents/careers and families impacted by Autism.

Possible risks

All research comes with some possible risks. You might feel upset or distressed when answering questions. If you find yourself feeling upset or distressed, stop answering questions and seek support. Speak with friends and family. You can also reach out to the Autism community, the below organizations have supports for parents/careers. You can contact the supervisors of this research if you feel you need further support (Dr. Carr-Fanning or Dr. Duffy).

Charity and Communities website

<https://asiam.ie> - As I Am Ireland's Autism Charity
<https://autism.ie> - The Irish Society for Autism
<https://www.middletownautism.com> - The Middle Town Autism
<https://www.asdireland.ie> - Autism Spectrum Diversity Ireland
<https://www.autismsupports.ie> - Autism supports

Who do I speak to if I need more information?

You can speak to me at any time. You can contact me by email duygu.arican@ucdconnect.ie. You may speak to my academic supervisors, Dr. Jennifer Duffy and Dr. Kate Carr-Fanning about the research. Their email addresses are jennifer.duffy@ucd.ie and kate.carr-fanning@ucd.ie. You can also contact us as mentioned above to find out about the results of the study after I have completed it.





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Exploring perceived social support and its impact on parents/caregivers resilience with a child/young person with Autism

Parent Information Leaflet and Consent Form

This research has been granted by the UCD Taught masters research ethic committee

Number:

TMRECEDU-25-LR-026



Consent Form

✓I have read this information leaflet and have had time to consider whether to participate me to take part in this study.

✓I understand that my participation is voluntary and that I am free to withdraw at any time without any penalty.

✓I am fully informed about the research before assenting to take part.

✓I understand that I will undertake tests used to identify perceived social support tests used to identify effects on my resilience which is raising my child/young person with Autism.

✓I agree that my scores on tests of perceived social support and resilience be made available for the study.

✓I understand that my name will not be identified in any use of these scores. A number will be assigned to the scores instead of my name.

I agree to take part in the research.

Name

Date

Many thanks!

I would like to thank you for being part of this research study.