



DCU is known as the world's first Autism-Friendly University providing possibilities for autistic people to participate fully in all aspects of university life.

We are a team in DCU conducting research into a new concept to address anxiety in the autistic population. We are investigating a new wearable device that will detect and address anxiety as it arises. As part of this validation process, we want to interview people who understand the challenges around anxiety and its effects on autistic people.

To find out how big a problem anxiety is in an autistic person's life, how they manage it and what resources they use, we invite individuals to voluntarily participate in this vital research by filling in a short questionnaire.

We are also seeking trial partners to test the device once prototypes are developed.

If interested in helping please email Sarahgilbertni@gmail.com who will share a simple online questionnaire.

Thank you.